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www.Jarrow.com

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August 11, 2005

Division of Compliance and Enforcement/ONPLDS
Center of Food Safety and Applied Nutrition
Food and Drug Administration
HFS-810
200 C Street, S.W.
Washington DC 20204
202-205-5229

AUG 24 2005

Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Name of the dietary supplement(s)

Fiber Vantage™ 120 vegetarian capsules

(3) Structure/Function claims on the label:

Fiber Vantage™ contains a combination of naturally derived soluble and insoluble fibers to promote bowel regulation and detoxification. Promotes regularity, colon health and gastric fullness.*

(4) The following disclaimer appears on the label in bold:

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients.

Respectfully submitted,

Peilin Guo
Vice President, Functional Foods



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